

Changing Practice/Changing Lives

Update on Diabetes Prevention & Treatment

DMICC

March 11, 2002

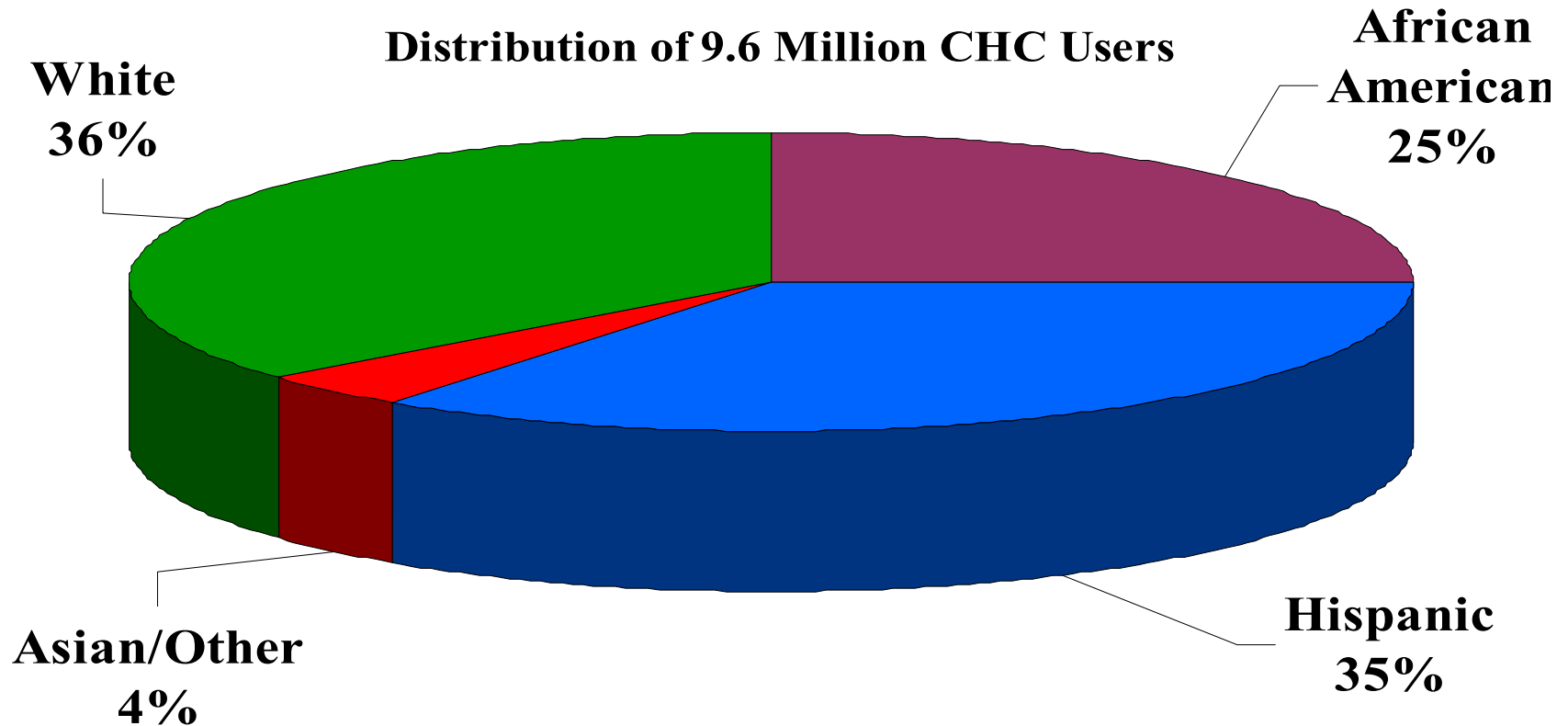
David M. Stevens, MD

HRSA/BPHC

Health Centers

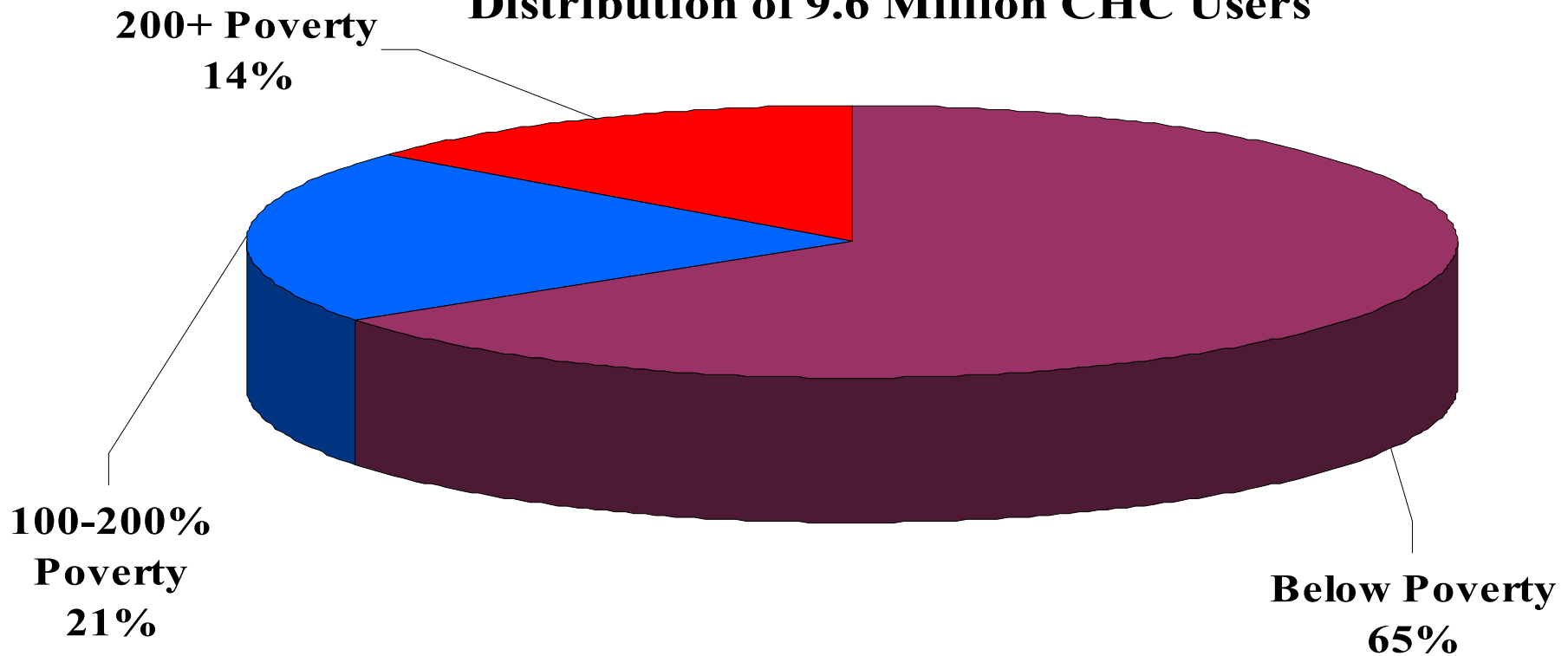
- Community controlled
- Comprehensive Primary Care
- 768 organizations
- 3,552 sites: rural & urban

UDS Answers Priority Questions: Number and Sociodemographic Characteristics of Users



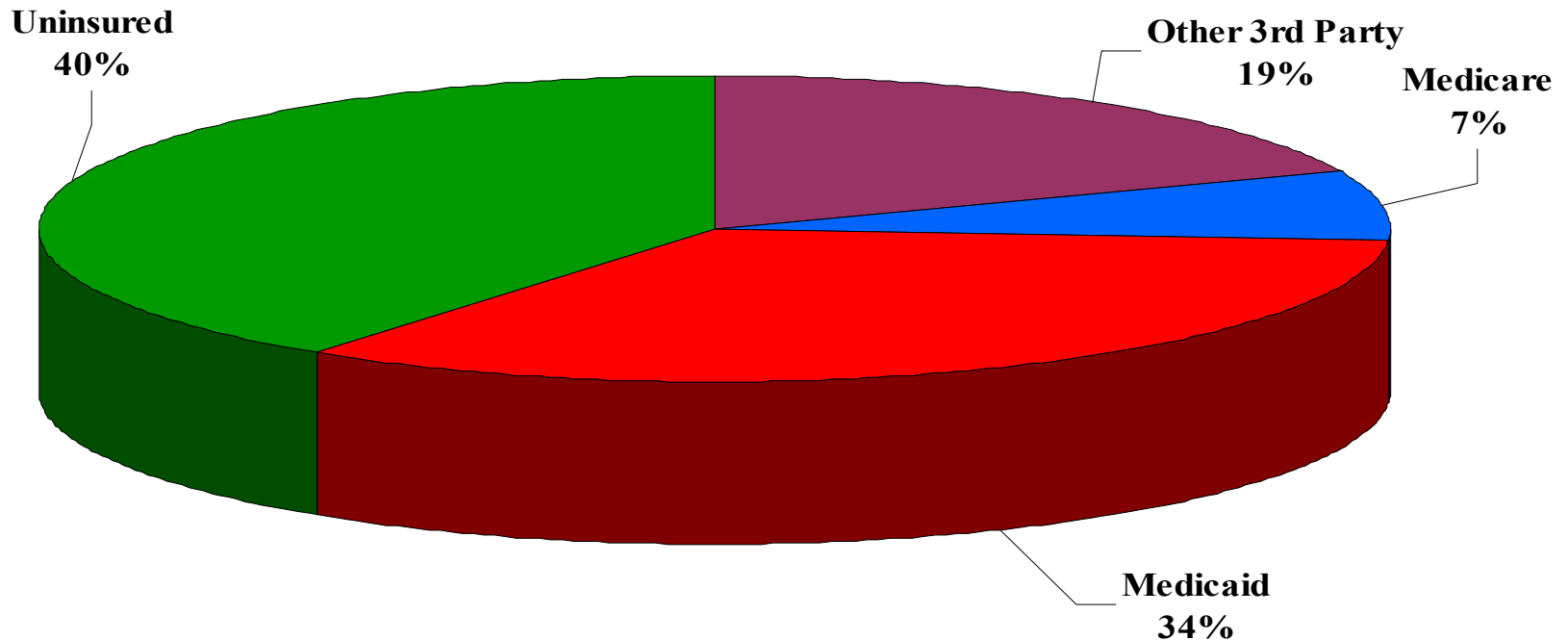
86% Of Those Served by Health Centers Are Low Income

Distribution of 9.6 Million CHC Users

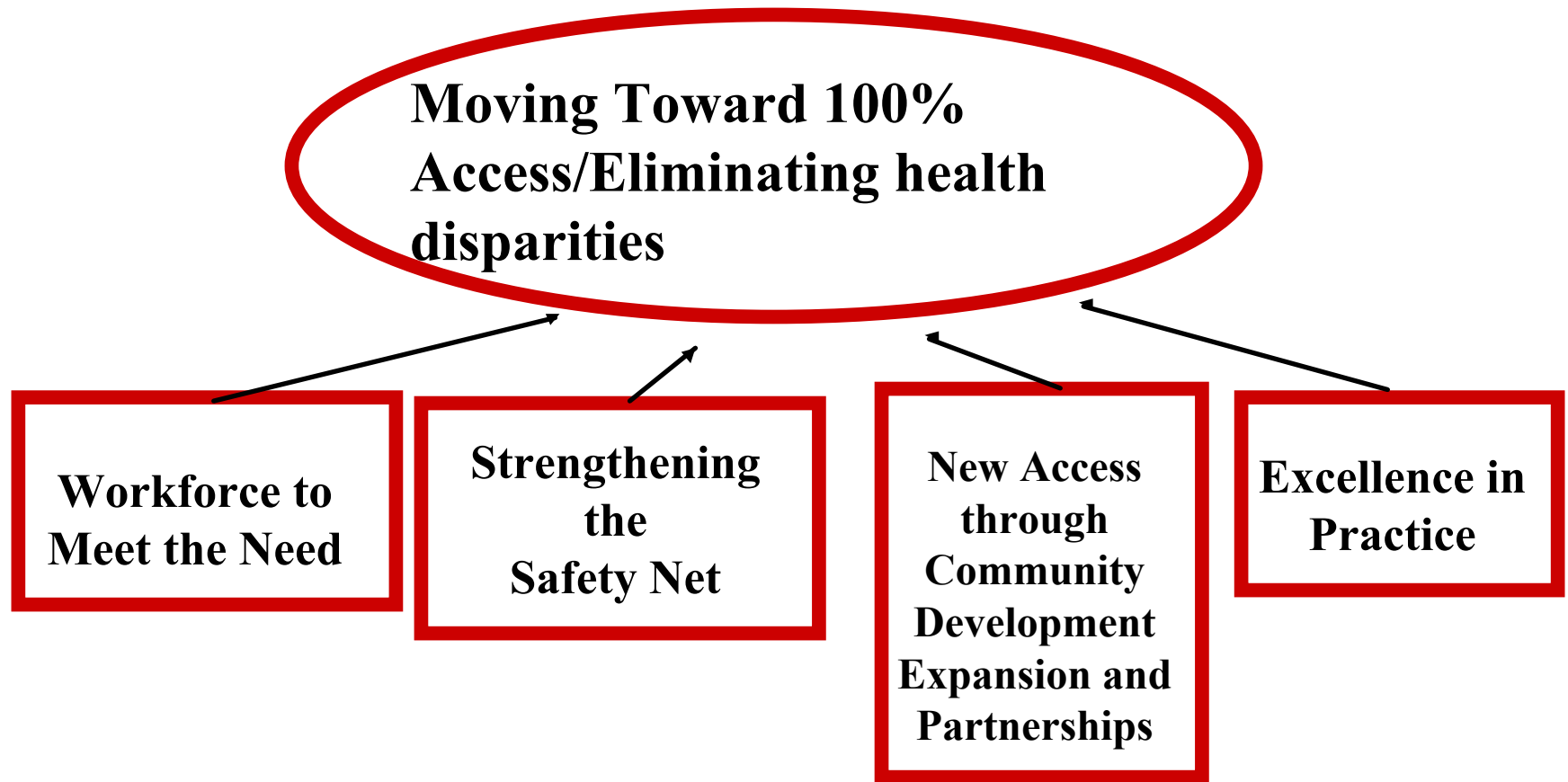


40% Of Those Served by Health Centers Are Uninsured

Distribution of 9.6 Million CHC Users



BPHC Strategic Goal and Objectives



Excellence in Practice: Strategy

- Leadership
- Transform clinical practice through models of care, improvement & learning
- Infrastructure/Support System
- Strategic Partnerships

Transform practice: Models

- **Chronic Care Model**: a population based model that relies on knowing which patients need the care, assuring that they receive knowledge-based care and actively aiding them to participate in their own care
- **Improvement Model**: A model that reaches high levels of performance by applying knowledge through rapid testing, transforms the care by changing systems, and expands the change throughout the practice.
- **Learning Model**: A performance-based learning method that supports a community of learners to apply, adapt, share, and generate knowledge, and spread positive change.

The Health System

Organization of Health Care

*Strategic plan *Senior leaders*Benefits*Provider incentives

Community Resources and Policies

- Effective programs
- Partnerships
- Coordination

Practice Level

Self-Mgt Support

- Emphasis on patient role
- Standardized assessment
- Effective interventions
- Care planning and problem solving

Delivery System Design

- Team roles and tasks
- Planned visits
- Continuity
- Regular follow-up

Clinical Information Systems

- Registry
- Care reminders
- Individual care planning
- Relevant subgroups

Decision support

- Evidence based guidelines
- Specialist expertise
- Provider education
- Guidelines for patients

**Informed,
Activated
Patient**

**Productive
Interactions:**

**Prepared,
Proactive
Practice Team**

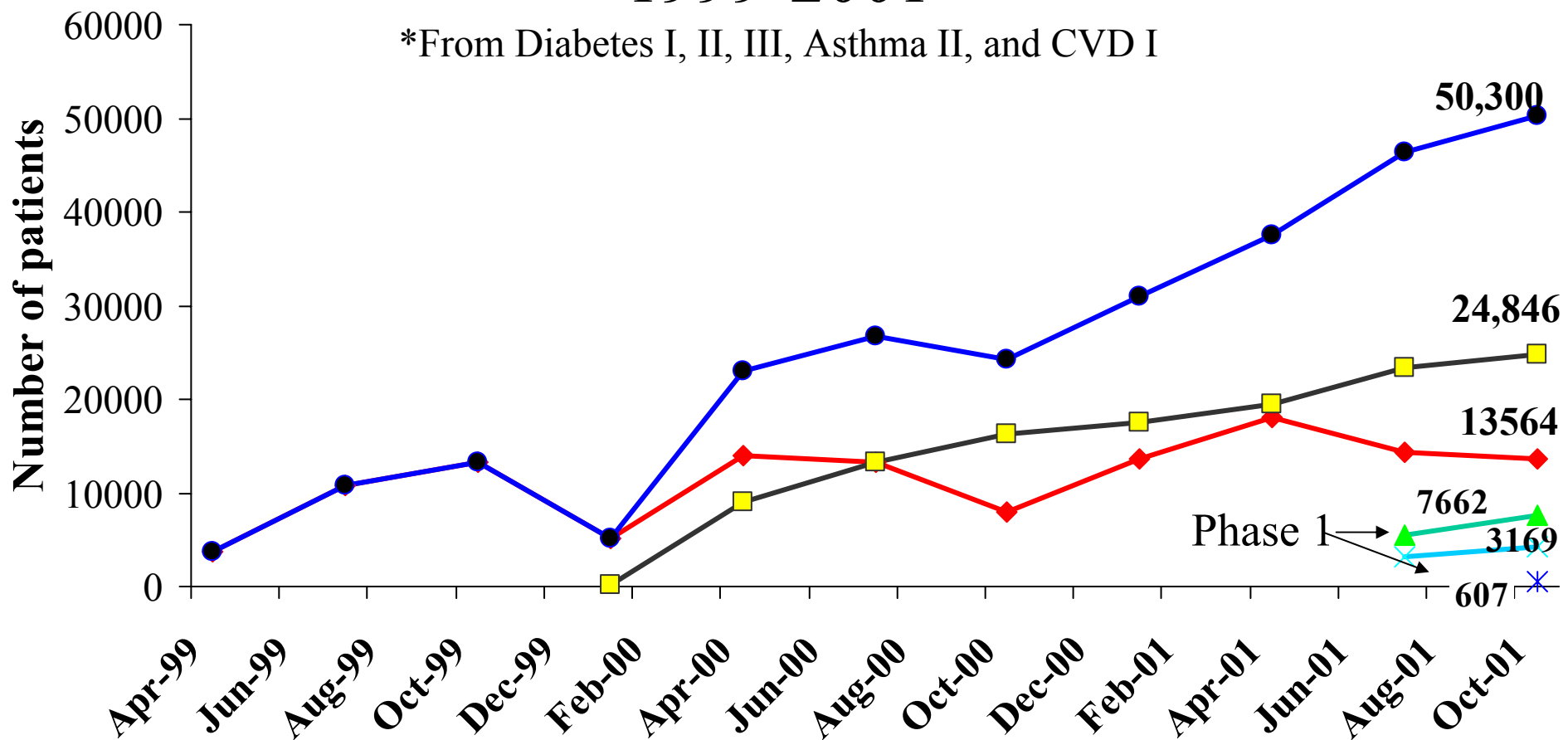
Improved Functional and Clinical Outcomes

Diabetes Collaborative Measures

- *Documented Patient self-management goal
- *Glycemic control
- Prevention of cardiac complications
- Prevention of vascular complications
- Immunization
- Oral Health
- Depression screening
- *Registry size & practice sites(270 health centers focused on diabetes)

Number of Health Center Patients* in Clinical Mgt. Information Systems 1999-2001

*From Diabetes I, II, III, Asthma II, and CVD I



◆ DM1 (44% of teams reporting)

▲ DM3 (91% of teams with CVD)

* Asthma II

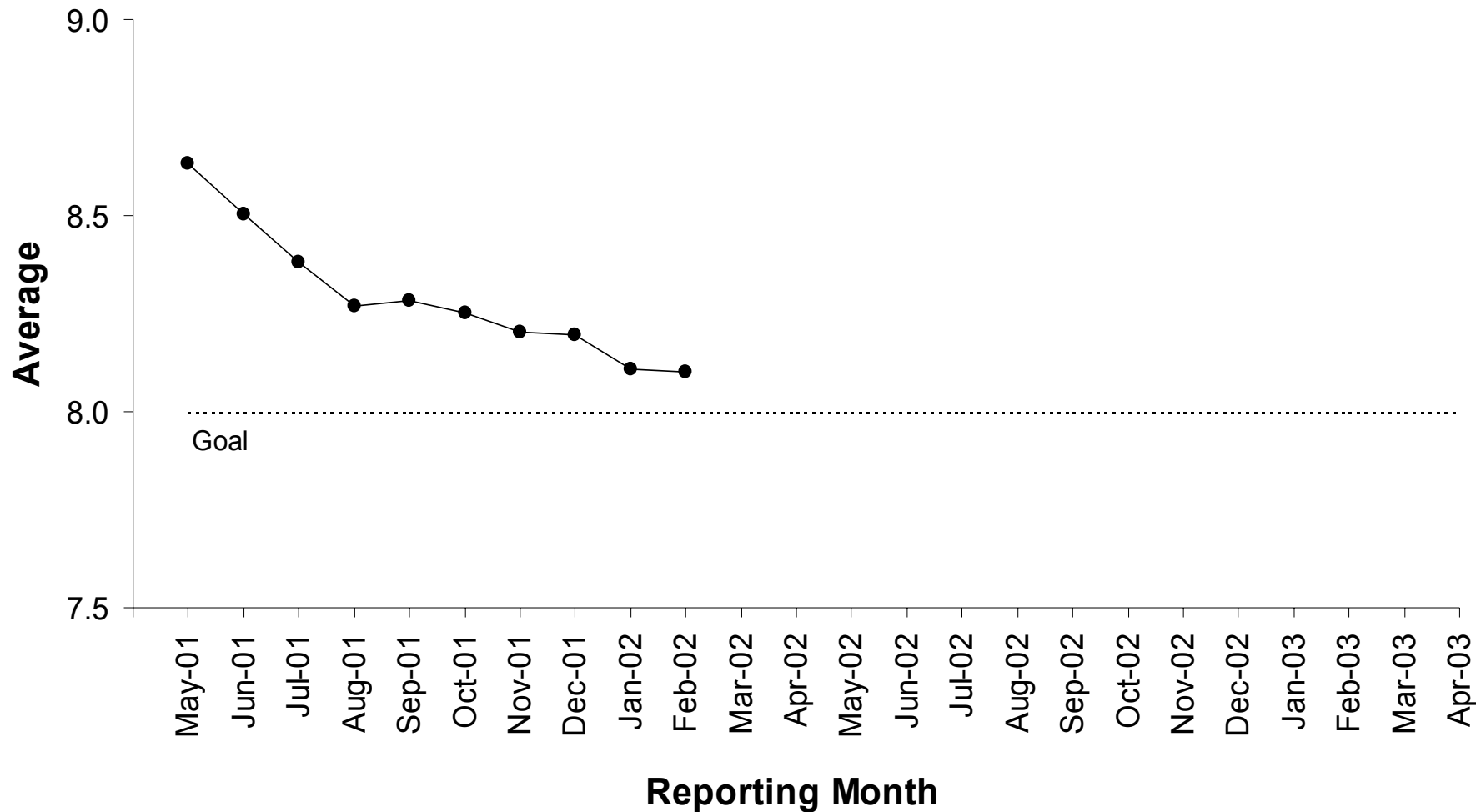
■ DM2 (61% of teams reporting)

✕ CVD (91% of teams combined with DM3)

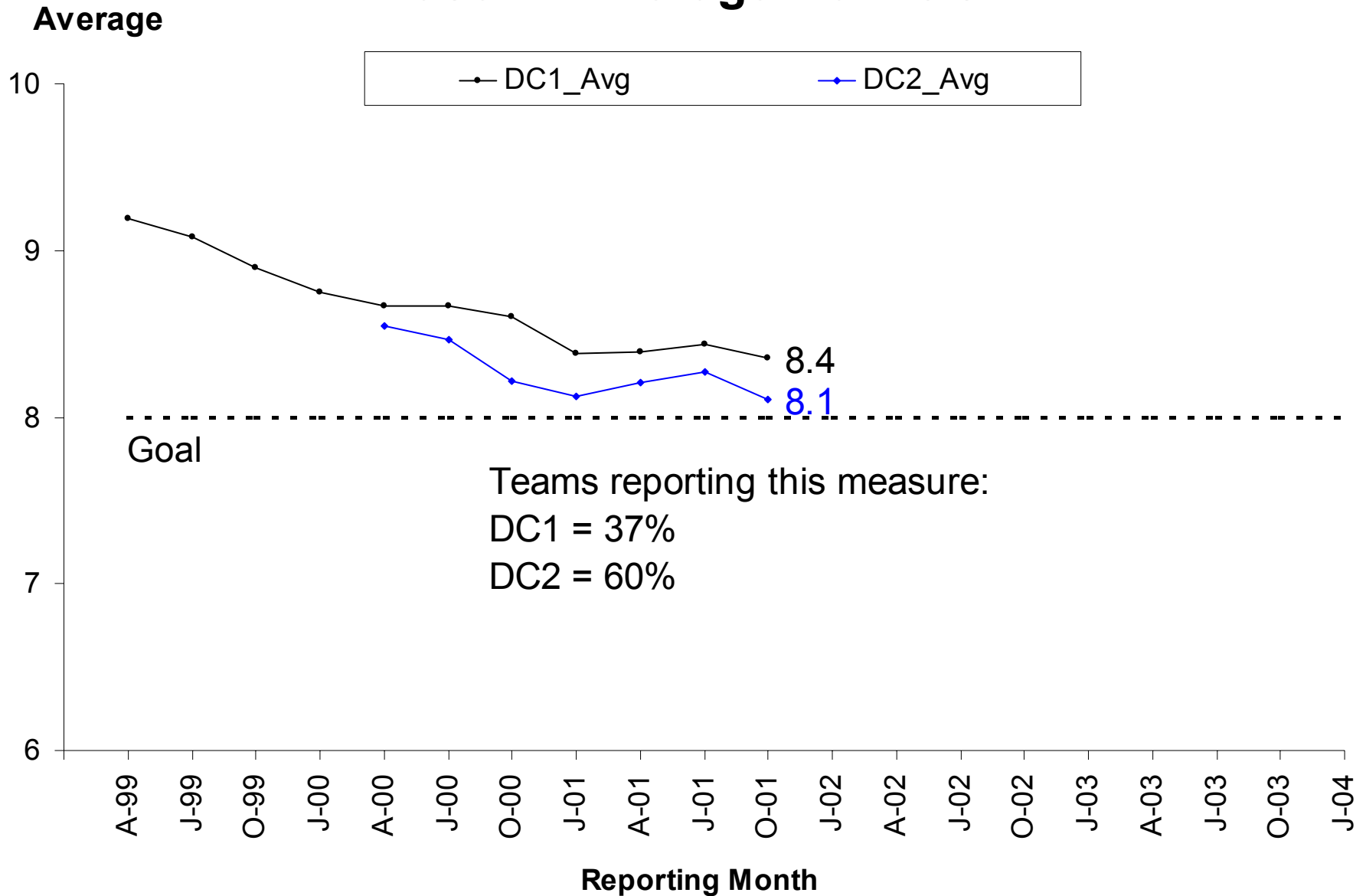
● TOTAL

Diabetes Collaborative 3 - National Report

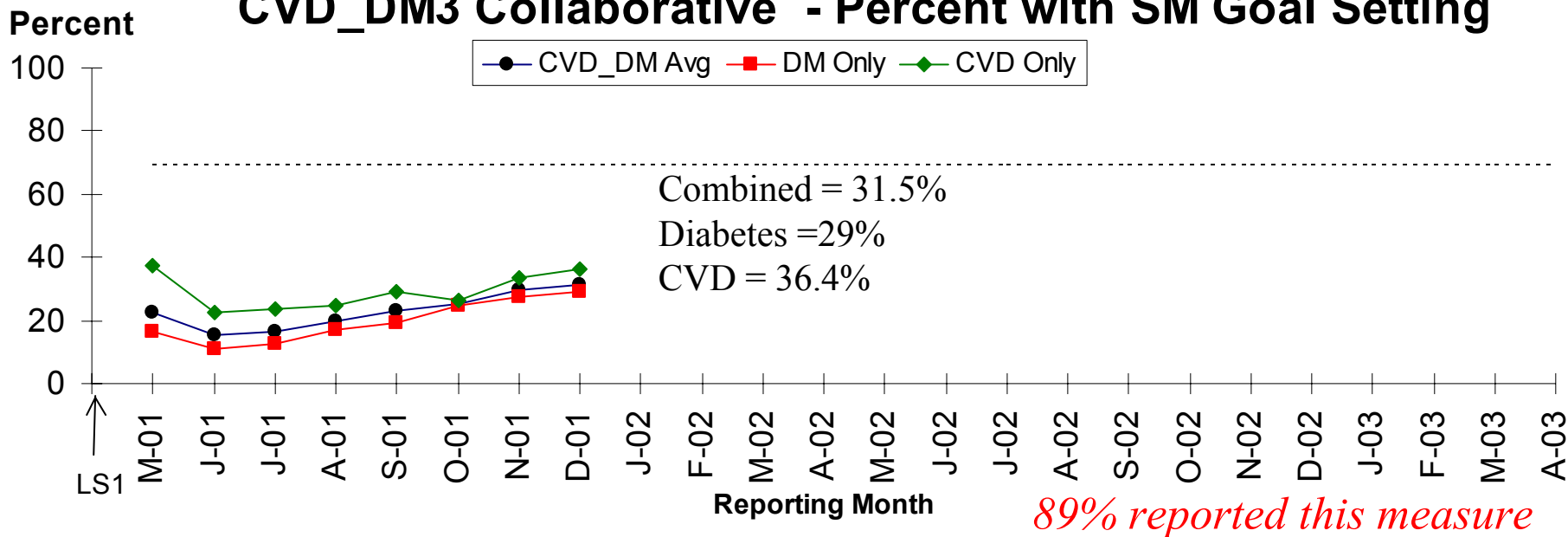
Average HbA1c's



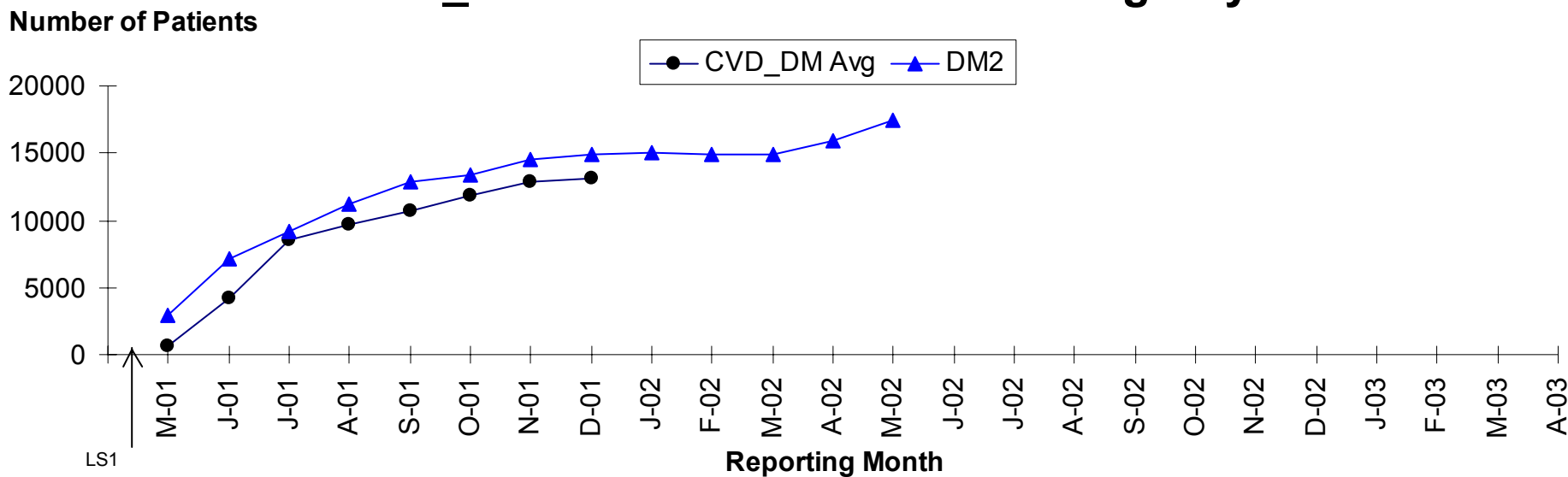
Phase 2: Average HbA1c's



CVD_DM3 Collaborative - Percent with SM Goal Setting

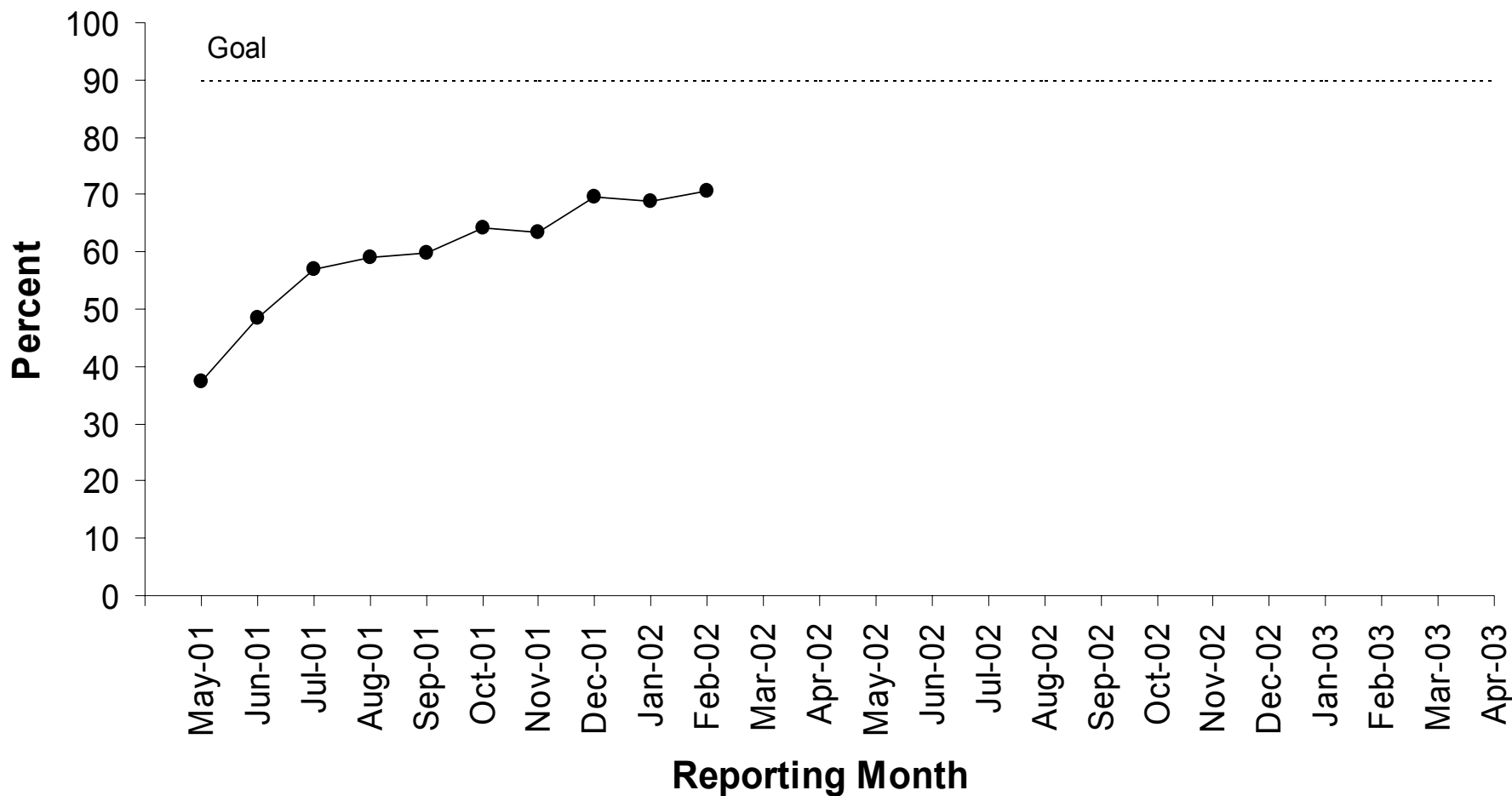


CVD_DM3 Collaborative - Total Registry Size



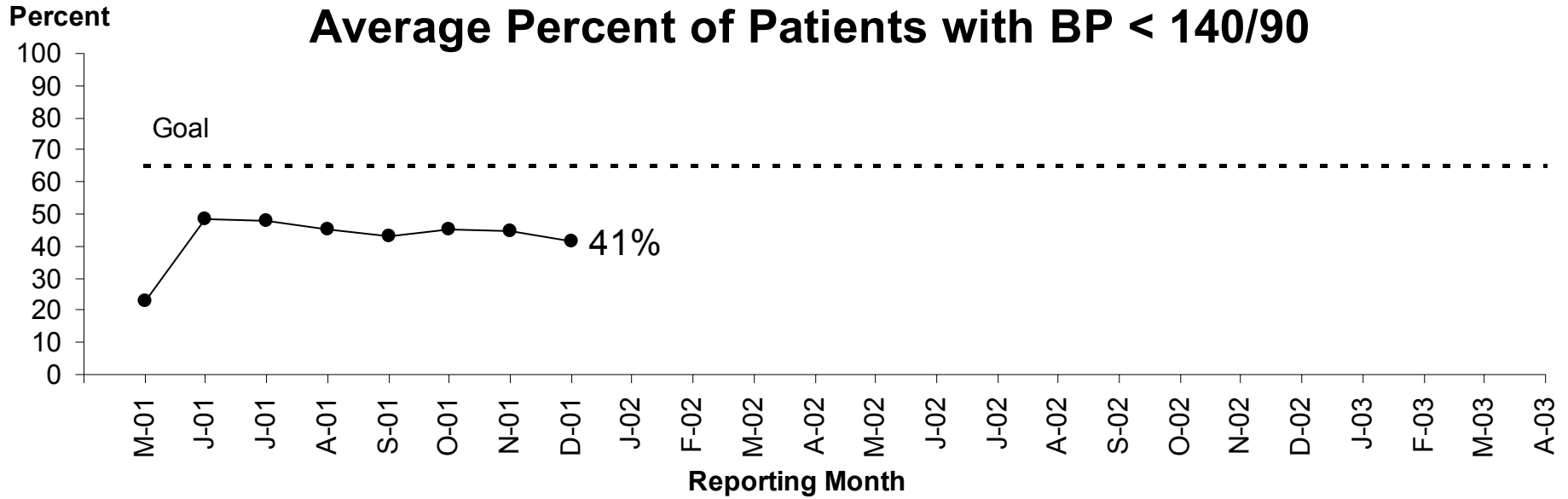
CVD Collaborative 1 - National Report

Average Percent of Patients with Two BP's in Last 12 Months



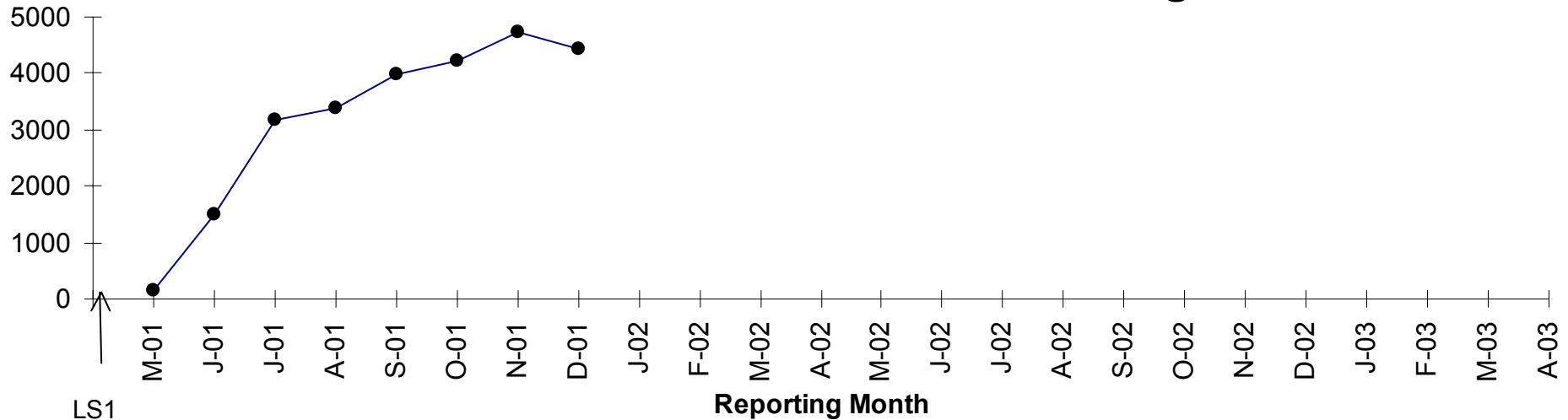
CVD Collaborative 1

Average Percent of Patients with BP < 140/90



Number of Patients

Total Number of CVD Patients in Registries



88% of teams reported both measures

Partnership Outcomes

- CDC lead for expert panel for both diabetes & cardiovascular disease collaboratives
- 60 Health Center Diabetes Control partnerships
 - 22 new
 - 38 expanded
- Trained over 40 state Diabetes Control Programs
- Collaboration with American Diabetes Association, Bayer Corp.

Beyond Diabetes: Collaboration to Improve Health & Access

•Current:

- DM/Cardiovascular:** CDC/SAMSHA, IHI
- Asthma II:** EPA/CDC, IHI
- HIV:** HIV/AIDS Bureau
- Depression II:** SAMHSA, IHI

•In Development:

- Cancer:** NIH(NCI), ICIC, CDC, IHI
- Prevention:** NCI, CDC, MCHB, IHI

Diabetes Prevention Pilot: CDC & HRSA Partnership

- **Develop concepts and measures for translating recommendations into primary care for the underserved, using care model**
- **Incorporate in both diabetes collaborative and future prevention collaborative**
- **Time frame: begin pilot 3rd quarter 02 and continue for 9-12 months as part of development of prevention collaborative**